

# FAITH & REASON

## World renowned guru in Calgary to teach Kriyayoga

MARIO TONEGUZZI  
CALGARY HERALD

There is an air of peace and tranquillity surrounding Guruji Swami Shree Yogi Satyam.

And the world-renowned Kriyayoga master has come to Calgary to share his insights on this specific type of meditation.

"Kriyayoga is a lifestyle. When we practise it, we reach a state where we don't feel any fears from bacteria, virus, illness, sickness," he says.

"Present time is the time of expansion and ascension into higher consciousness. Realize that each and every creation of the cosmos is immortal. According to need and desire, each creation is in the process of change, which can be realized within our own existence as various dimensions of change in all dimensions of perception: hearing, touch, vision, taste and smell.

"Kriyayoga practice promises to make you feel that you and all creations are immortal in nature. Realization of this state is oneness with truth and non-violence."

From June 25 to 30, he taught a number of introductory classes on Kriyayoga at numerous locations throughout the city. And from Friday through to July 8, Guruji is holding the Calgary Healing Program at the Calgary Waldorf School, with a number of sessions held each day for both beginners and long-term practitioners of Kriyayoga meditation.

For more information about the Calgary Healing Program and for pre-registration, e-mail [kriyayoga-calgary@gmail.com](mailto:kriyayoga-calgary@gmail.com) or call Linda at 403-880-4918 or Cathy at 403-968-2076.

For more information about Kriyayoga and Guruji, visit [www.Kriyayoga-YogiSatyam.org](http://www.Kriyayoga-YogiSatyam.org).

A flyer for the program says Kriyayoga is a practical, timeless and non-sectarian spiritual science, which translates theory and philosophy of truth and non-

violence into action.

It employs a simple, step-by-step method that reveals "one's infinite capacity in all walks of life."

"Many have transformed their lives with Swami Shree Yogi Satyam's practical, scientific guidance. Sincere practice of Kriyayoga Meditation results in cures of all kinds — physical, mental and spiritual problems," it says.

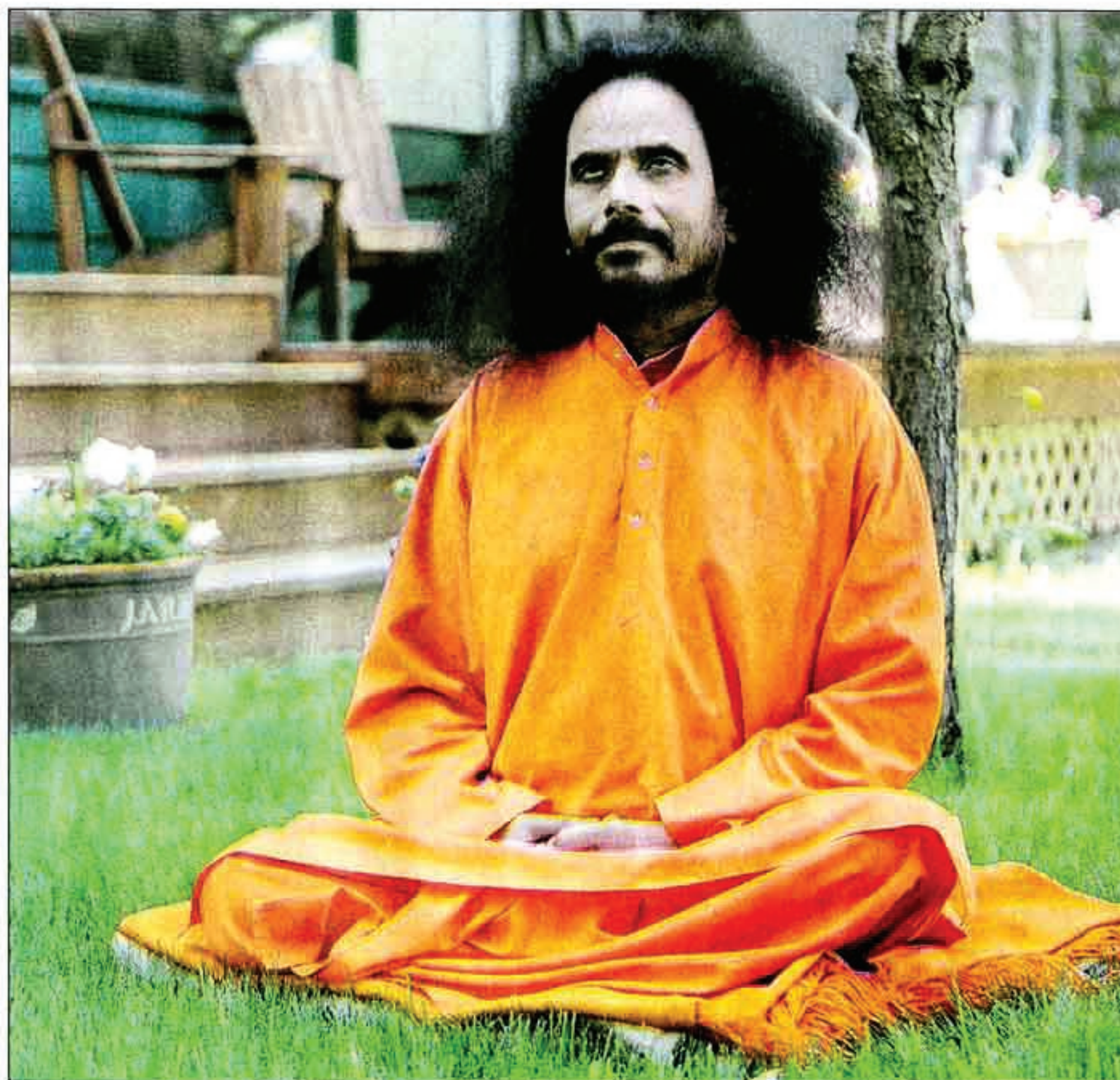
The technique was initially brought to the West in 1920 by Indian guru Paramahansa Yogananda.

"The technique when you practise it you get 100 per cent confirmation of cures from diabetes, blood pressure, heart problem of any kind. Practice is so simple," says Guruji, adding Kriyayoga is popular in the West because it's scientific.

"When you practise Kriyayoga, you know the same truth explained in the Bible, in Gita... in Moses teaching. All are the same truth."

The flyer for the Calgary Healing Program says: "All the people of the world from East to West and North to South — regardless of age, race and mental or physical condition — can practise Kriyayoga very easily if they want. Sincere practitioners of Kriyayoga realize that they can quickly solve all of their problems with ease while simultaneously developing Omnipotent confidence within and cultivating the same effect in others."

Guruji Swami Shree Yogi Satyam, Kriyayoga Master and Scientist, is founder and president



Colleen De Neve, Calgary Herald

**Kriyayoga scientist Swami Shree Yogi Satyam of Allahab, India, a world-renowned master, is in Calgary to conduct an eight-day program.**

of Kriyayoga Research Institute, Allahabad, Uttar Pradesh, India, as well as the spiritual head of Yog Fellowship Temple in Kitchener, Ont. (North American Center for Kriyayoga). Each institution is under his spiritual

guidance to serve humanity.

He is a graduate biologist and a former medical student, but within two years of his medical training, he discovered Kriyayoga and its science and devoted his life to it.